

In case of Emergency:
 Call 911 and Ask for: Kananaskis Emergencies Services Dispatch
 Fire – call 310-FIRE (310-3473)

Carry a map and know where you are
 Cellular coverage in the Moose Mountain area is poor.

When you call for help provide as much information as possible
 (Trail name, how far from trailhead, type of injury).
 You may be asked to meet responders at a trailhead.
 If a helicopter is responding you may need to signal as shown below:



Don't ride alone
 Let others know where you are going and when you'll be back
 Always wear a helmet
 Knee and elbow pads are highly recommended on downhill trails

Easy and Intermediate trails may have Advanced or Expert TTF's
 (technical trail features)

MMBTS Easy Trails
 Pneuema, Brakeless, Hotlaps

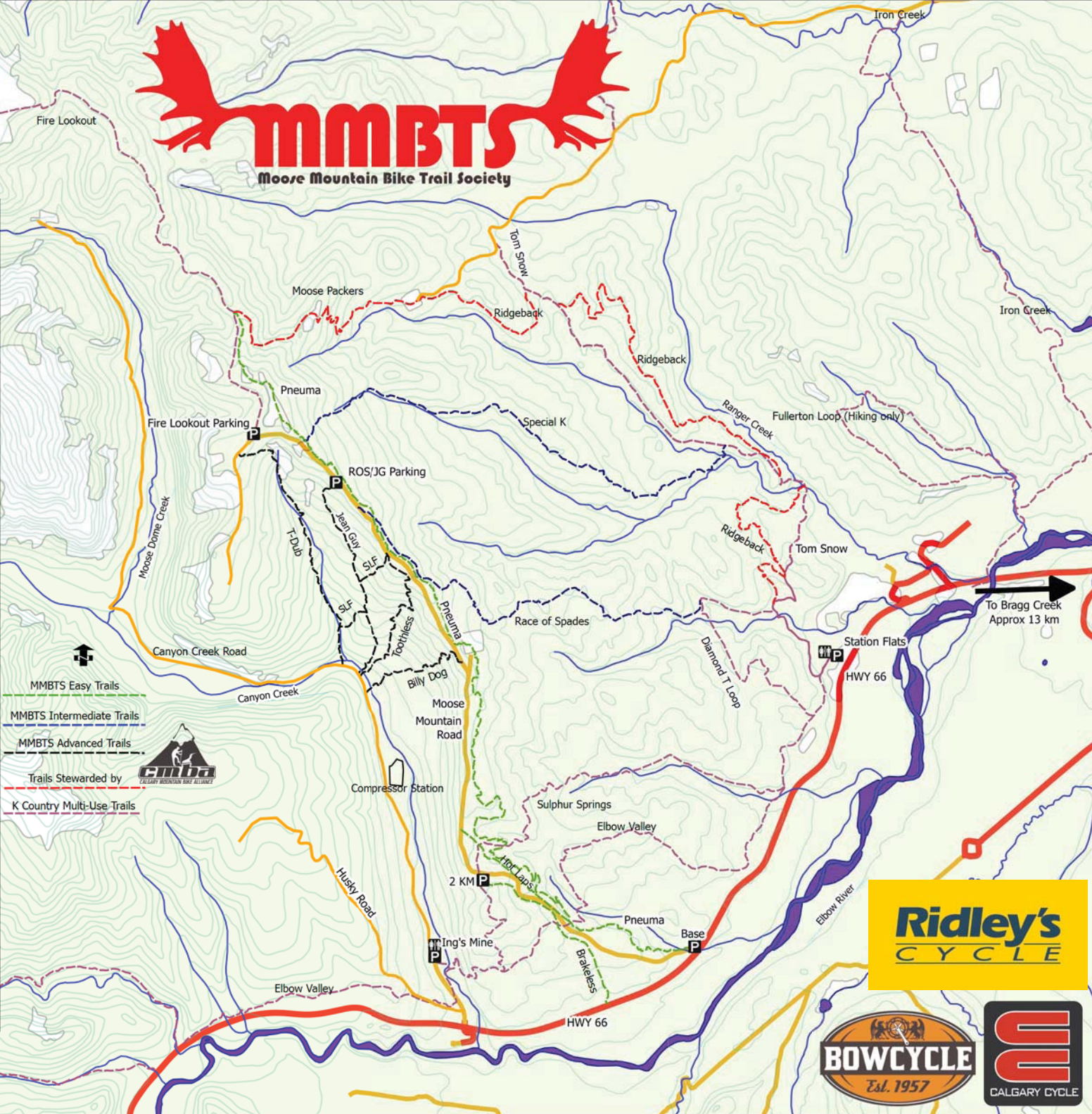
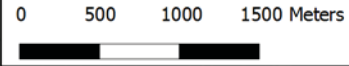
MMBTS Intermediate Trails
 Race of Spades, Special K

MMBTS Advanced Trails
 Billy Dog, Jean Guy, SLF, T-Dub, Toothless

Look before you leap and ride at your own risk

Report safety concerns to MMBTS
 Visit www.MMBTS.com and click on Safety for more information

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To Bragg Creek
 Approx 13 km